## Prayer Requests

PRAYERS REQUESTED FOR: Healing and peace for Howard Axler, Barbara Bellus, Hannah Brayer, Margaret Cox, Norma Cox, Richard Escobar, Lenny Feldman, Alfie Franco, Nancy Garnsey, Marisela Giron, Jamie Hall, Regina Hansen, Gemma Henderson, Rene Kelbjornsen, Matthew Long, Zoila & Mike Pena, Luís Picon, Amparo "Puchita" Rigau, Amparo Torres, and Mary Whitcomb. For Puerto Rico, Australia, The Bahamas, Haiti, the Middle East, and for people struggling around our world.

**LEGACY CHURCH MEMBER PRAYER CONCERNS**: Wayne Whittlesey, and Paul Reiner's daughter, Marti, at Epworth Village; Raleigh Johnson at Susana Wesley; Jean Korner and Carol Hanna at The Palace.

#### SHARE YOUR PRAYER CONCERNS AND/OR ANSWERED PRAYER

Fill out the Connect Card and drop it in the offering plate or designated prayer request boxes found in the foyer by the Welcome Table. Or you can also submit prayer requests at fumccgprayerrequest@outlook.com.

## News & Events

#### CONNECT KIDS (CHILDREN'S SUNDAY SCHOOL) • 11:00am service

- Birth 2: Hanger Building Room 219 (Nursery)
- 3s, 4s & 5s: Hanger Building Room 210
- Kindergarten 5th grade: Hanger Building Room 202

#### YOUTH MINISTRY • following the 11:00am service

Calling all youth... Come on over to the Youth Lounge for food, games, fun, and conversation today after the service!

#### PROTOCOL OF RECONCILATION & GRACE THROUGH SEPARATION

On Monday, January 13, the United Methodist News Service conducted an interview with the mediation participants who created the "Protocol," which will be submitted to General Conference in May. For links to the archived video, and more, visit welovecoralgables.org/gc2020.

#### **CHURCH OFFICE CLOSED • Monday, January 20**

In observance of Martin Luther King Jr. Day, the church campus will be closed. No activities or events will be scheduled on this day.

### JONAH & THE REALLY BIG FISH WITH PASTOR HEDY COLLVER Wednesday, January 22, 6:30-7:30pm, Head Center

As we explore the story of *JONAH & the Really Big Fish*, join Pastor Hedy each Wednesday to *dive even deeper* into this wonderful story with its powerful lessons today! Come have fun with us! All are welcome.

### UNITED METHODIST WOMEN • DEBORAH CIRCLE Saturday, January 25, 10:00am

The Deborah Circle will be meeting in the house of Nora Hendrix. For directions, please email Nora at norahh51@hotmail.com.

#### AN INVITATION TO MINDFULNESS • Saturday, January 25, 9:00am

There's still an opportunity to join! The 8-week journey toward optimizing your health and well-being by increasing self-awareness, self-regulation, and compassion embarks on January 25. This is a non-denominational class suitable for adults of any age and stage. Free to all; donations will benefit programming for the church and The Growing Place. For more information, contact Wendy Nottoli at wendynottoli@kslc.net or 305.274.7883.

#### SIT-TOGETHER SUNDAY • Sunday, February 2, 11:00am service

Come play with us before the Super Bowl! Instead of leaving the Sanctuary to go to ConnectKids, all kids will be invited to sit with their families to enjoy worship and take Communion together! This will be a fun, family-friendly service, with children and youth leading us in worship. Invite a friend... or two or three! Nursery is available for children birth through 2 years. Also, *you are invited to wear your favorite sport team's jersey or shirt that Sunday!* 

For parents! VALENTINE'S DATE NIGHT • Wednesday, Feb 12, 6:30-8:00pm Come enjoy quality time with your partner, a delicious candlelight dinner, and have a relaxing and enjoyable evening while your children enjoy their own fun time with our ConnectKids Team! Please RSVP to Livia Orban (lorban@fumccg.org or 305.445.2578 x108) by February 3, including the number and ages of children.

#### **Caffeine & Conversation!** COFFEE WITH THE PASTOR

If you have been curious about what it means to become a member of the family of faith at First Coral Gables, Pastor Hedy would love to talk with you! Just contact Michelle Marcos, at mmarcos@fumccg.org or 305.445.2578 ext 100, to set up a time to grab coffee with Pastor Hedy! Then, on Sunday, February 16th, we will be celebrating new members in our worship services!

#### SOUTH EAST DISTRICT TRAINING EVENT • Saturday, February 8

Join with other churches from around our district to strengthen all our ministries! Held at Christ Church Fort Lauderdale (4845 NE 25th Avenue) from 8:45am-1:00pm, you'll have two choices for great break-out sessions! The event is free, lunch is provided, and childcare is available by RSVP on the registration form! Register at https://florida-reg.brtapp.com/2020SEDistrictTrainingEvent.

#### **CONFIRMATION** • beginning February 9!

For all 5th & 6th graders: Pastor Lucas is launching a Confirmation Class during the Youth Ministry on Sunday afternoons, following 11:00am service. Participants will embark on a journey of spiritual exploration as we dive into engaging discussions and activities. Please contact Pastor Lucas or Anna Reyes for more info or to sign up!

### **Registration deadline today!** HABITAT FOR HUMANITY BLITZ BUILD February 15, 7:30am-3:00pm, 12001 SW 213 Terrace (Parking)

Eight houses. Two weeks. It's Habitat's Blitz Build, and you can be a part of getting hardworking families into their reliable, affordable homes! First Coral Gables is participating in building one home, and you can help (no experience required)! To register as a volunteer, instructions can be found at welovecoralgables.org/habitat.

#### SEAN KENNARD IN CONCERT • Saturday, February 22, 7:00pm

Esteemed Professor of Piano at Stetson University, Dr. Sean Kennard, will join us for an evening of inspiring music as part of the Lamar Louise Curry Concert Series! For more information, visit www.welovecoralgables.org/llc-concert-series!

#### Save the Date! OASIS • WOMEN'S MINI-RETREAT

#### Saturday, March 7, 1:00-4:00pm, beginning in the Head Center

Life can sometimes be exhausting. The busy-ness of each week can leave our minds, bodies, and spirits feeling dry and brittle. In the midst of taking care of everyone else and everything else, take some time *for yourself* to rest, renew, and have fun with other wonderful women from the Coral Gables community! More info coming soon!

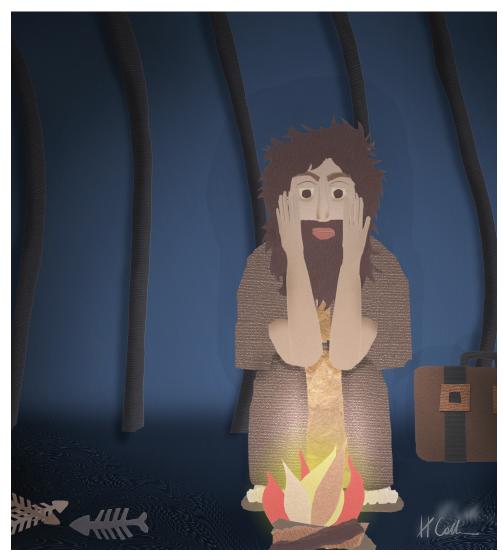
#### Save the Date! EXPERIMENT CHURCH

#### Saturday, March 7, 7:00-8:00pm, Head Center

Join us for a new contemporary worship experience, with music led by guest musicians Joe, Theresa, and JJ Mazza. More info coming soon!



January 19, 2020 • 8:30 & 11:00am



"Jonah Gets a Time-Out"





Darkness cannot drive out darkness, only light can do that. Hate cannot drive out hate, only love can do that.

— Rev. Dr. Martin Luther King, Jr., Strength to Love



### Welcome!

We are so glad that you chose to worship with us this morning!

Visiting With US for the first time?

Please be sure to pick up a welcome brochure and fill out the Connect Card. We'd love to get to know you!

An \* below indicates to stand, as you are able.

## We Gather in God's Name

**INVOCATION** • We Shall Overcome

Lauren Hartman, soprano

**PRELUDE** • There Is a Fountain • arr. Davidson

Seth Carlson, organ

**WELCOME & PRAYER** 

Hedy Collver, Senior Pastor

#### **CELEBRATION OF MINISTRY**

#### \* CALL TO WORSHIP

Lucas Bonates, Associate Pastor

Leader: Gather this day in silence and hope. People: We wait for God's word to us. Leader: Let your hearts and spirits be open. People: God is our strength and salvation.

Leader: Wait patiently for the Lord.

People: With willing hearts and spirits we wait for the Lord. Amen.

by Nancy C. Townley, Ministry Matters

\* PROCESSIONAL HYMN • Jesus Calls Us • Hymnal No. 398

#### \* OPENING PRAYER

Roberto Perez, Assistant Pastor

O God, our gracious heavenly Father, we thank you for the inspiration of Jesus the Christ, who came to this world to show us the way. Grant that we will see in that life the fact that we are made for that which is high and noble and good. Help us to live in line with that high calling, that great destiny. In the name of Jesus we pray. Amen.

by Rev. Dr. Martin Luther King, Jr.

#### \* GLORIA PATRI

Glory be to the Father and to the Son and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end. Amen. Amen.

PASSING OF THE PEACE Roberto Perez

CONNECT CARDS Hedy Collver

#### CHILDREN'S MOMENT (11:00am)

Parents, if you haven't yet checked your child in for ConnectKids, this is a great time to head back to the Sanctuary lobby. One of our volunteers will be there to help you sign your child in!

## We Give our Offerings + Prayers to God

**OFFERING** Hedy Collver

OFFERTORY

'Roun' About de Mountain • Appalachian Traditional

Lauren Hartman, soprano

This song originated in the Appalachian Mountain system of Tennessee. A young woman, before departing this life, turned her life over to God. Even in the grief of her loss, her community rejoiced in the love she had found in Jesus' grace, forgiveness, and hope.

#### \* DOXOLOGY

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host; praise Father, Son, and Holy Ghost. Amen.

\* OFFERING PRAYER

Hedy Collver

Lucas Bonates

PASTORAL PRAYER

#### THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, forever. Amen.

**ANTHEM** (11:00am) • Lift Every Voice and Sing • Johnson Sanctuary Choir

### We Listen for God's Word

#### SCRIPTURE • Jonah 1:12-17

**Hedy Collver** 

"Throw me into the sea," Jonah said, "and it will become calm again. I know that this terrible storm is all my fault."

Instead, the sailors rowed even harder to get the ship to the land. But the stormy sea was too violent for them, and they couldn't make it. Then they cried out to the Lord, Jonah's God. "O Lord," they pleaded, "don't make us die for this man's sin. And don't hold us responsible for his death. O Lord, you have sent this storm upon him for your own good reasons."

Then the sailors picked Jonah up and threw him into the raging sea, and the storm stopped at once! The sailors were awestruck by the Lord's great power, and they offered him a sacrifice and vowed to serve him.

Now the Lord had arranged for a great fish to swallow Jonah. And Jonah was inside the fish for three days and three nights.

Leader: The word of God, for the people of God.

People: Thanks be to God! Amen.

**MESSAGE** • Jonah Gets a Time-Out

**Hedy Collver** 

## We Respond With Joy!

\* **HYMN OF DEDICATION •** We Shall Overcome (verses 1, 4, & 5)

We shall overcome, we shall overcome,

we shall overcome some day.

Oh, deep in my heart, I do believe, we shall overcome some day.

We shall live in peace, we shall live in peace,

we shall live in peace some day.

Oh, deep in my heart, I do believe, we shall live in peace some day.

The Lord will see us through, the Lord will see us through,

the Lord will see us through *this* day.

Oh, deep in my heart, I do believe, the Lord will see us through *this* day.

#### \* BENEDICTION

Hedy Collver

And now unto Him who is able to keep us from falling and lift us from the dark valley of despair to the mountains of hope, from the midnight of desperation to the daybreak of joy; to Him be power and authority, forever and ever. Amen.

by Rev. Dr. Martin Luther King, Jr.

#### \* MUSICAL BENEDICTION

Sanctuary Choir

**POSTLUDE •** O God, Our Help in Ages Past • arr. Swann

Seth Carlson, organ

# Thank you for worshipping with us today!

Altar Flowers in the Sanctuary have been given by Martha Haas in memory of Anna Mae Simpson.

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Please discard any unwanted worship bulletins in the blue recycle bins. This helps our environment and keeps our church clean. Thank you!

